



# BALITA



PNAMH North Chapter

Newsletter January/February 2013

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## PNAMH North at Memorial Hermann Katy



PNAMH North Chapter brought its Executive Board meeting to the members of Memorial Hermann Katy on February 5, 2013. The attendees were treated with free 1 hr. ceu from Jaime Puspos, RN, BSN, CVRN with the new trends of CLABSI prevention. Through our partnership with Methodist Willowbrook, 1 hr ceu was granted to our members for this educational opportunity. It was a night to be remembered as the PNAMH North met the young and vibrant members of Memorial Hermann Katy team lead by its

Ambassador Emilyn Gonzales, RN,BSN. The members in return, participated and saw our EB in action and got a glimpse of the organization's many activities. Inherent in our Filipino Culture is our hospitality and Katy team showed that in a big way with the sumptuous meal they prepared.

## Congratulations Elaine Ngitit, RN, BSN, CCRN

Another member of PNAMH North obtained a certification in critical care. Congratulations to Elaine Ngitit, RN, BSN, CCRN of Methodist Willowbrook for passing the difficult test. Our members are setting the standards of certification in their specialty and leading well in their clinical achievement programs. A graduate of Pines City Colleges in the Philippines, Elaine Ngitit has been a critical care nurse for 15 years. She joined the Methodist Willowbrook family in 2007. Elaine just like many of our members, believe the big importance of certification in our practice. To validate one's specialty through specialized test not only affirm advance in practice but excellence as well. Elaine Ngitit prides herself in bringing the best possible care at the bedside. She has been involved in Methodist Willowbrook's NDNQI prevalence survey on pressure ulcers. She also shows a lot of passion in teaching nursing students as evidence in the award she received from Tomball Nursing School for Outstanding Preceptor Award. Her long term goal is to become a Nurse Practitioner.



## Serving and Leading: Your Response

"If I could give you information of my life it

would be to show how a woman of very ordinary ability has been led by God in strange and unaccustomed paths to do in



His service what He has done in her. And if I could tell you all, you would see how God has done all, and I nothing. I have worked hard, very hard, that is all; and I have never refused God anything."

— Florence Nightingale

"Leading and serving are 2 values embedded in being a Nurse. These are two basic values that cannot function without the other. Florence Nightingale lighted the path in caring by serving and leading". E. Luster.

PNAMH North is committed in making a difference our great leaders set our path on. We challenged you to serve and lead and you responded. Nominations for our next Executive Board Officers were completed on

January 24, 2013. NOMELEC Chairman Carl Silva was very excited to announce that nominations came from different hospitals such as Methodist Willowbrook, Houston Northwest Medical Center, St Luke's the Woodlands and St Luke's Vintage. Election on all Executive Board positions will be on April 27, 2013.

### In this issue:

PNAMH North at Memorial Hermann Katy 1

Congratulations Elaine Ngitit 1

Serving and Leading: Succession Planning 1

Social Action: The Iglesia Case 2

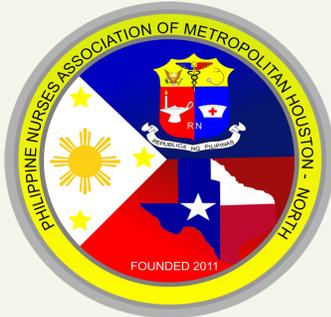
### Other PNAMH Stories:

- Nominations for PNA National Excellence Awards are open. Deadline for submission is on April 5, 2013
- March 15 –OFN/ Scholarship Nomination Deadline. Please download application online at [www.pnanorthhouston.com](http://www.pnanorthhouston.com)
- April 27, 2013 PNAMH North EB Election.

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Tuesday of the month.*

*1 hour educational opportunities,  
network, inspiration, fun.....*

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We're on the Web!

[WWW.PNANORTHHOUSTON.COM](http://WWW.PNANORTHHOUSTON.COM)

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**PNA 13th South Central Regional Conference May 3-4, 2013 in Tampa Bay Florida**  
**PNA 34th Annual National Convention July 24-28, 2013 in Cleveland, Ohio**  
**2013 PNA 5K walk/run. Join our South Central Region Team reach our goal.**  
*For information on these activities, email [eillenluster@pnanorthhouston.com](mailto:eillenluster@pnanorthhouston.com)*



## Social Action: Iglesia Case



PNAMH North introduced to you The Iglesias in November 2012. A case of errant prosecution done in haste, a young family is torn apart. Many of us can only imagine the hardship this young family is going through. This long journey to justice has separated this family for 4 months and could be longer as this case drag on. PNAAMH North believes in the innocence of Michael

Iglesia and the organization is rallying behind this family through fund raising to support their legal cost. PNA has taken interest in this case and through its President Vicky Navarro, PNA's legal counsel has been made available if needed by the Iglesias. Monetary help, prayers and encouragements have come as far as Northeastern Florida, a true spirit of PNA. Our very own PNAMH has donated \$500.00 and members have given individual contributions towards this cause.

The case just recently went through the Grand Jury and we are waiting for results. The whole entire PNA family is praying as the grand jury continues to deliberate in this matter.

