



BALITA



PNAMH North Chapter

Newsletter October 2012

Volume I, Issue 4

PNAMH North First Fall Seminar



Multidisciplinary Collaborative Cardiovascular Care:
An engaging approach to changing times.

As we face a rapidly changing healthcare landscape, we are even more pressured to acquire the necessary tools in order to provide quality, affordable care to our patients, this seminar was designed to update our nurses of the latest guidelines in cardiovascular care. Notable speakers such as Dr. Anecita Fadol, Dr. Muhammad Khan, Dr. Riza Mauricio, Denise McNulty, Wendi Froedge and Eillen Luster gave lectures about different areas in cardiovascular service line. A total of 7 ceu's were gained by more than 70 members and attendees from different area hospitals around Houston. PNAMH North also recruited 15 new members from this event.

Recognizing Excellence in Nursing Practice



PNAMH North with Shielia Fata, CNO, Methodist Willowbrook Hospital in August 29, 2012.

PNAMH North visited Methodist Willowbrook's CNO Shielia Fata and awarded the hospital with a plaque recognizing the hospital's nursing service's excellence in practice and its remarkable influence and support to its nurses. Methodist Willowbrook through its impressive leadership has successfully gained the initial path towards Magnet Status, a status indicating high quality nursing care and an elite status enjoyed by limited numbers of hospitals nationwide. Methodist Willowbrook was also credited for their contributions to PNAMH North Chapter.

Who's in the Spotlight?



Jaime Puspos, RN, BSN, CVRN was recognized by

Methodist Willowbrook for his commitment to patient safety, considered a magnet moment as

nursing pursue excellence in our everyday practice. Puspos, PNAMH North Chapter's Advisor, discovered contraindication to PICC line placement. Through his collaboration with physicians and Methodist WB safety committee, was able to implement this

contraindication resulting in higher safety standards for our patients with difficult IV access.

Jaime has been an active leader in Methodist Willowbrook and PNAMH North Chapter servicing many capacities that help nurses elevate the standards of care.

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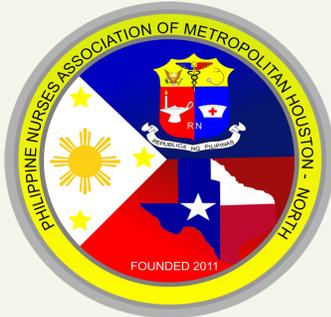
Other PNAMH Stories:

- October 19-20 PNAMH North Leadership Retreat in Bolivar Peninsula
- October 19 PNAMH Fall Seminar "Update on Current Issues and Health Documentation"
- November 9 PNAMH North "Balancing Sedation, Patient Comfort and Mechanical Ventilation: Kirby's Steakhouse, 6PM

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*Join us every First
Tuesday of the month.*

*1 hour educational opportunities,
network, inspiration, fun.....*

We're on the Web!

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To speak gratitude is courteous and pleasant, to enact gratitude is generous and noble , but to live gratitude is to touch Heaven ~Johannes Gaertner



Loaves and Fishes: Help feed our less fortunate neighbors.

Loaves and Fishes, a community outreach.

Many of us are very fortunate that we have roof above our heads and food on the table at least 3x day. Unfortunately, there are 7,356 homeless people in Houston (Coalition for the Homeless Houston, Jan. 2012) who do not have the same provisions. Yearly, through the PNAMH, we partner with Loaves and Fishes Soup Kitchen in serving our underserved neighbors. PNAMH delighted our neighbors with our homemade chicken adobo— always popular to many. Members and Officers all contributed monies, green beans, dinner rolls, bananas, cookies and rice. PNAMH North first time attendees, Tina Dimafiles and Claire DeLeon expressed great sense of satisfaction in serving in this community program. “Being here today gave me a different perspective and made me realized how fortunate I am. Giving

back to them gave me a better sense of gratitude” Sentiment both echoed by C. Dimafiles and C. De Leon. The fall weather and changing colors of the leaves remind us that Thanksgiving is just around the corner. As we enjoy our Thanksgiving feast, let us not forget there are others who are struggling everyday to find food and shelter. As the weather gets colder, 7356 homeless brothers and sisters will need more than food but shelters, clothing and blankets as well. Many shelters around Houston struggle in providing these provisions. PNAMH provided them with extra blankets and clothing. A small contribution but goes a long way to a grateful community.

